



### COVID-19 Policies & Changes

1. Waiver requirements
  - a. New waiver will be required before participation
2. Pods & social distancing
  - a. Meet MDH guidance for youth programs
  - b. Pods of 10 or less individuals (including instructor)
  - c. Boats will be sailed single handed
  - d. Reduced site capacity
  - e. Failure to comply with requirements may lead to being sent home
3. Face coverings
  - a. Cloth face covering is required by all persons on shore
    - i. Could be mask, buff, other face protection to minimize spread of droplets
    - ii. Fabric recommended so they are not damaged by water, swimming, wet clothes, etc.
  - b. Not required once on water or while swimming
    - i. Minimizes risk of accidents
  - c. Accommodations can be made to the face covering policy (contact us with questions)
4. Hygiene, cleaning, sanitizing
  - a. New daily regimens meet CDC, EPA & MDH guidance
  - b. Includes boats & common touching points
  - c. Classes will remain outdoors
  - d. Students should be prepared to wash hands multiple times a day when traveling in between pods, boats, bathrooms & lunch
  - e. Students encouraged to bring their own hand sanitizer (however this is not a replacement for hand washing which is more effective)
5. Storms, breeze, sheltering
  - a. Due to social distancing restrictions, sailing will be weather dependent
  - b. Cannot safely shelter students indoors with requirements
  - c. Classes might be cancelled for reasons such as storms or high winds
  - d. Communication plan will cover information on how you will be contacted if there is a weather notice
6. Altered drop-off/pick-up procedures
  - a. To minimize number of people in an area at once, arrival times could be altered to facilitate health screenings/check-in
  - b. We will ask parents/guardians to stay in your vehicles during drop off and not leave until they receive a 'thumbs up' from the person administering the temperature test
  - c. See Pick-Up/Drop-Off Overview document
7. Updates
  - a. Can come through text messages, email and phone calls
    - i. Check Communication Plan for more details

- b. Images uploaded online so you can see sailors in action
  - c. Have a suggestion, comment, or concern? Contact us: (763)-542-9707
8. Health screenings
- a. MDH recommends this for students and staff before entering premises
  - b. Staff and students will be screened immediately upon arrival
  - c. Parent/guardian must complete student assessment (checking for symptoms below) before releasing to our care
  - d. Anyone with any of the following symptoms will be immediately quarantined and sent home:
    - i. Fever of 100.4 or above
    - ii. Chills
    - iii. New cough
    - iv. Shortness of breath
    - v. Sore throat
    - vi. Muscle aches (unrelated to exercise or injury)
    - vii. Headache
    - viii. Loss of smell or taste
    - ix. Exposure to confirmed case of COVID-19 within the last 14 days
9. Confirmed cases
- a. If a student/staff member has confirmed COVID-19, the site may be shut down for at least a day to allow for cleaning and sanitation
    - i. The individual who has a confirmed case, as well as anyone in his/her pod for the previous two weeks, will be denied entry to the site for a minimum of two weeks
    - ii. Families and workers will be contacted if there is a concern
      - 1. See Communication Plan
10. Preparedness plan
- a. Follows MDH guidelines
  - b. References information in Communication Plan and Pick-Up & Drop-Off Plan